

International iQFOiL Youth & Junior Class Association

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iQFOiL Youth & Junior Class AGM 2023

SUBMISSION FORM

The deadline for submissions is 2400 hrs UTC on September 21st 2023

This submission form shall be used as the format for your submission, saved as a PDF and sent by email to: info@iqfoilyouthjuniorclass.org

Please read the following notes carefully before completing the Submission Form.

- In accordance with the Class Constitution Article # 6.11 a submission shall be sent by e-mail to the Class Executive Secretary (info@iqfoilyouthjuniorclass.org) by a National Class Association being a Full Member.
- To make your submission as clear as possible, the original exact wording received on submission forms shall be retained in the final formatted submissions. However, if wording is unclear the Class will consult the originator for clarification.
- Please click in the highlighted boxes in the Form below to insert the purpose or objective, the proposal, the current position and the reasons.
- If the submission proposes new policy, please insert the wording in full in the "Proposal" section and also complete the "Current Position" and "Reason" section.
- If the submission proposes a change to existing Articles, Regulations, the Racing Rules, or other Class or World Sailing Codes and Rules, please insert the current version in the "Proposal" section highlighting new wording as **bold and underlined**, and text to be deleted as double struck through. The words "as above" should then be inserted in the "Current Position". Clearly defined reasons should be inserted in the "Reason" section.
- The font and size for text in submissions is Arial 11pt
- The font Times New Roman 12pt should only be used when inserting current wording or new wording proposals to amend the Racing Rules of Sailing.

Authorisation to make a submission (Only a duly authorised person may make a submission. Please detail name of authorised person)	
Country Code: (eg. AUS)	HUN (on behalf of the Executive Committee)
Name of Authorised Person:	Lorand UTASSY
Position: (Position in NCA)	iQFOiL Y&J Class President
Contact Email:	info@iqfoilyouthjuniorclass.org
Date:	20 / 09 / 2023



Submission: 03-23

All submissions will be acknowledged. If you do not receive an acknowledgment or you need any further information about the submission process, please contact <u>info@igfoilyouthjuniorclass.org</u>

Title:

CLASS RULES CHANGE: Youth & Junior Equipment Weight

Subtitle:

Lowering the harness weight from 4kg to 2.5kg for the U19 and U17 categories in iQFOiL Youth & Junior competitions

A submission from:

iQFOiL Youth & Junior Executive Committee

Purpose or Objective

Lowering the harness weight from 4kg to 2.5kg for the U19 and U17 categories in iQFOiL Youth & Junior competitions can have several potential arguments in favor of the change.

Promoting Youth Participation: Lowering the harness weight can attract more young athletes to participate in iQFOiL Youth & Junior events. A lighter harness could reduce the barrier to entry for less physically developed sailors, encouraging a wider range of youth to engage in the sport.

Safety and Comfort: Lighter harnesses can enhance safety and comfort for younger sailors. A 2.5kg harness puts less strain on growing bodies, reducing the risk of strain or injury caused by heavy equipment during prolonged periods on the water.

Youth Development Focus: The lighter harness weight aligns with the developmental focus of youth categories. It encourages sailors to prioritize skill development and technique over raw physical strength, which is especially important during these formative years.

Enhanced Performance: Young sailors in the U19 and U17 categories might be able to achieve better performance with a lighter harness. The reduced weight could improve their maneuverability and agility on the board.

Long-Term Engagement: Fostering a positive experience during the formative years of sailing can lead to greater long-term engagement in the sport. By making the equipment more youth-friendly, there's a higher likelihood that sailors will continue participating even as they grow older.

Transition to Senior Levels: By using a lighter harness in the junior categories, sailors can gradually adapt to using heavier equipment as they progress to senior categories. This can ease the transition and minimize the learning curve when they move up in competition levels.



Submission: 03-23

Proposal

Lowering the harness weight from 4kg to 2.5kg for the U19 and U17 categories in iQFOiL Youth & Junior competitions

Current Position

CLASS RULES

C.3 PERSONAL EQUIPMENT

C.3.3 OPTIONAL

In addition to food and personal effects to keep warm and/or dry, and/or to protect the body, the crew may wear the following:

- (i) a harness with a maximum permitted weight of 4kg.
- (ii) a personal flotation device.
- (iii) additional body protection gear.
- (iv) a drinking container in compliance with RRS Appendix B 50.1(a).
- (v) an electronic or mechanical timing device.
- (vi) a heart rate monitoring device

Reason

The lighter harness weight aligns with the developmental focus of youth categories. It encourages sailors to prioritize skill development and technique over raw physical strength, which is especially important during these formative years.